

SCOTTISH APPRENTICESHIPS

Week Commencing 14 March 2023

SDS Edinburgh You can call us on 0131 718 2040 for help & advice at present
All links correct at time of printing, if not working position may be closed

SDS Edinburgh Facebook page is taking a hiatus while we make some updates to our social media. In the meantime, keep in touch with SDS at [My World of Work](http://MyWorldofWork.co.uk/) www.myworldofwork.co.uk/, Apprenticeships.scot www.apprenticeships.scot/ and [Digital World](http://DigitalWorld.net/) www.digitalworld.net/ We are still here to support you access expert advice or guidance by making an appointment at your local centre here in **Edinburgh on 0131 718 2040** or calling our **helpline on 0800 917 8000** To find your nearest centre here <https://bit.ly/2TR8XM7> or change the 'Local authority' search bar

SDS Live Webinars are available to sign up for at <https://cutt.ly/JH0WLKJ> these will run every 4-6 weeks - The 6 **Positive Steps to Careers Success** webinars will take place as follows:

Facing Change, Embracing Change – create positive change in your work and life

What have I got to offer? – identify and communicate your skills, strengths and achievements

Horizon Scanning – explore your job and learning options

Get Sorted – develop your job search techniques

Get Noticed – produce great CVs and covering letters

First Impressions Count – prepare effectively for interviews

They are also available on demand along with the **Introduction to Redundancy Support** webinar, you can find recorded versions of all the webinars at <https://cutt.ly/JH0WLKJ>

Apprenticeships in Edinburgh Get My First Job Apprenticeship website <https://cutt.ly/KX6rph8>

Not Going To Uni <https://tinyurl.com/y6aymuk3>

Opportunities Finder as part of the Young Person's Guarantee <https://cutt.ly/LOMgsic>

The UK Careers Fair Edinburgh Thursday 16 March Assembly Rooms George Street 10 am – 2 pm for more info and book your slot <https://tinyurl.com/3kx65tmw>

DYW Roadshow Wednesday 22 March 9.30 am – 1.30 am at the O2 Academy Edinburgh For those aged 16-25 and looking to find your next step come along to find out more

Helix.scot connects people & employers in Edinburgh & South East Scotland Region to information, events, training courses, jobs boards and supported services <https://helix.scot/>

City of Edinburgh Council Business Administration (Registration Service) Apprentice more info & apply <https://tinyurl.com/vpumrwvd> by 23 March

Clark Contracts Apprentice Joiners, Bench Hand Joiners, Plasterers, Painter & Decorators more info and apply <https://tinyurl.com/y38rhp3>

Audit Scotland Summer Internship in Audit more info & apply <https://tinyurl.com/23y9dybt> by 2 April

Prospect Community Housing Trainee Administrator Officer more info & apply <https://tinyurl.com/2p8v8yrf> by 26 March

Merrylee Dental Practice Trainee Dental Nurse more info & apply <https://tinyurl.com/bdfpresb> by 26 March

Scott & Co Operations Administration Assistant more info & apply <https://tinyurl.com/47cnsb7c> by 23 April

McMillan 4 Coppersmith Welder Fabricator Apprentices more info & apply <https://tinyurl.com/2d8mjwvn> by 29 April

Cundall (Edinburgh) Electrical Engineering Apprentice more info & apply <https://tinyurl.com/bdfkdx78> Sustainability Apprentice more info & apply <https://tinyurl.com/mr2pjfnb> Civil Engineering Apprentice more info & apply <https://tinyurl.com/ycx3e3j6> Structural Engineer Summer Placement more info & apply <https://tinyurl.com/mujkeu65>

Multrees Investor Services Corporations Administrations Apprentice more info & apply <https://tinyurl.com/58ut2e3v> by 16 March

Farmer Autocare Blackhall Apprentice Mechanic info & apply <https://tinyurl.com/36e4xmwk> by 17 March

Farmer Autocare Strathear Apprentice Mechanic more & apply <https://tinyurl.com/ywrc86at> by 17 March

Green King Team Leader & Assistant Manager Apprentice info & apply <https://tinyurl.com/23r7hev2> by 17 March

Tarmac Mechanical & Electrical Apprentices and a Higher Apprentice Operations Management for more information and to apply <https://jobsearch.tarmac.com/jobs/search> all closing dates 19 March

National Museums Scotland 3 Visitor Experience Assistants info & apply <https://tinyurl.com/bdev4y73> by **20 March**

Bellrock Facilities Apprentice more info & apply <https://tinyurl.com/ytxrb9as> by **20 March**

LEONARDO Aerospace, Defence and Security Business Apprentice <https://cutt.ly/nCIUXgK>
Manufacturing Technical Apprentice <https://cutt.ly/gCIU20E> Manufacturing Apprentice <https://cutt.ly/vCIlw7E>
Business Graduate Apprentice <https://cutt.ly/nCIlzi> and <https://cutt.ly/QCIIEf3> Software Engineering Graduate Apprentice <https://cutt.ly/XCIIFhi> closing date **24 March 2023**

Corstorphine Roofing & Building 3rd or 4th year Apprentice Roofer more info & apply <https://tinyurl.com/2vr27n5v> by **27 March**

Maxies Bistro & Wine Bar Apprentice Chef more info & apply <https://tinyurl.com/2vspdtn3> by **27 March**

Forrest Hepburn & McDonald Signs 2 Apprentice Signmakers info & apply <https://tinyurl.com/2yu2fycz> by **28 March**

EDETA 40 Apprentice Engineers more info & apply <https://tinyurl.com/y3tm69wz> by **30 March**

Lothian Buses 12 Bus & Coach Engineer Apprentices more info & apply <https://tinyurl.com/4dw6htk7> by **30 March**

Hilton Apprentice Chef more info & apply <https://tinyurl.com/4ednzs6k> by **30 March**

Arnold Clark Apprenticeships register your interest for more info & apply <https://tinyurl.com/5n6cm9bp> by **30 March**

Forbes Nursey Early Years Practitioner Apprentice info & apply <https://tinyurl.com/2p2j4sm9> by **31 March**

Early Days Nursey 2 Early Years Practitioner Apprentices info & apply <https://tinyurl.com/y2ueysrd> by **31 March**

Michell & Butlers Various Chef, Bar & Waiting Staff positions for more info & apply <https://tinyurl.com/yte4t7zr> by various **March dates**

McDonalds Various Crew Member positions for more info & apply <https://tinyurl.com/54kmmp4t> by **March**

Chase (part of JP Morgan Chase Group) Customer Service Specialists more info & apply <https://cutt.ly/hKgNZK6> **12 Customer Service Specialists Apprentices** for more info & apply <https://tinyurl.com/y2929zmn> by **1 April**

Scottish Water Electrical and Mechanical Modern Apprentice more info & apply <https://tinyurl.com/bdhkaz9z> by **2 April** Various other Edinburgh Apprenticeships <https://tinyurl.com/3dm3y6ah>

Audit Scotland Trainee Auditor School / College leaver programme for more info & apply <https://tinyurl.com/245ju45m> by **4 April**

Edinburgh Project Search Employability Programme Project SEARCH is an international employability programme. It aims to prepare young people with additional support needs aged between 16 and 29 years old for full-time, competitive employment. Edinburgh Project SEARCH is delivered in partnership with the City of Edinburgh Council, Virgin Hotels Edinburgh, Edinburgh College and NHS Lothian more info & apply <https://tinyurl.com/kcdkrjab> by **Friday 21 April**

Baillie Gifford Webinar 29 March at 6pm where they will talk in more detail about the roles, the company and will be joined by some current apprentices, great opportunity for those who have questions and would like to take part in the Q&A register here <https://tinyurl.com/3k8bpbuz> **Baillie Gifford** Trainee Application Service Delivery Analyst info & apply <https://tinyurl.com/5f4mdxm5>, Trainee Security Analyst 6hrs per wk info & apply <https://tinyurl.com/4td4awrn>, Trainee Travel Team Administrator info & apply <https://tinyurl.com/yc7urva9>, 2 Trainee Client Accounting Associates info & apply <https://tinyurl.com/3nrva58p>, Trainee Business Analyst info & apply <https://tinyurl.com/2z3nzdc8>, Trainee Reception Administrator info & apply <https://tinyurl.com/2y7yt32k>, Trainee Workplace Service Administrator info & apply <https://tinyurl.com/4srz56nw>, Trainee Application Developer info & apply <https://tinyurl.com/2z3ehhu9> **all with a closing date of 27 April** Trainee Application Developer info & apply <https://tinyurl.com/hvjuh953>, Trainee Building Services Administrator info & apply <https://tinyurl.com/5n94u877> **both with closing dates of 28 April**

Mitie Apprentice Junior Technician for more info & apply <https://tinyurl.com/3ux3kavi>

Lloyds Banking Group Internal Audit Apprenticeship Scheme for more info & apply **LBG Careers Website** <https://tinyurl.com/2jfsce4k> **LBG Talent Website** <https://tinyurl.com/zjfdasnm>

Lloyd's Group are launching their **Lloyds Career live** which they will host on a monthly basis looking at different careers / apprenticeships each time check out - **LBG Careers Live** (explorelbg.co.uk)

EY (Ernest Young) 10 posts Tax Apprenticeship Programme for more info & apply <https://tinyurl.com/32943dr2> 2 posts Turnaround & Restructuring Strategy Apprenticeship Programme for more info & apply <https://tinyurl.com/4x7pp42c> 14 posts Assurance Apprenticeship Programme for more info & apply <https://tinyurl.com/2p8nre9j> by **12 June**

Balfour Beatty Apprentice Site Engineer Scotland East/West Coast - <https://tinyurl.com/yc6vpycz>
Graduate Apprentice Civil Engineer, Central Belt Scotland - <https://tinyurl.com/mvfpzf2v> **Closing date 31 May 2023**

AECOM Traffic Civil Engineer Apprentice for more info & apply <https://tinyurl.com/37dfpit2>

Scottish Space School 2023 Applications are OPEN to all S5 pupils in Scotland, the non-residential programme will be running back on campus from 12-16 June. Meet NASA astronauts & engineers and learn more about engineering study bit.ly/strathSSS

Specsavers Apprenticeships for more info and apply <https://tinyurl.com/28npt7uy>

Morris & Spottiswood An apprenticeship in construction is a great way to kick-start your professional career. Whether it's on the tools or within our offices, Morris & Spottiswood has a number of exciting opportunities available. Working with us, you will have high-quality training and support from our in-house experts, putting theory learned into practice on a wide variety of interesting projects throughout the country, and providing you with the valuable skills, knowledge and experience for you and your career to thrive. Interested in joining our team?

Click the link to nominate your interest in our Trade Apprenticeship Programme: <https://tinyurl.com/3trvuttv>

Click the link to nominate your interest in our Degree Apprenticeship Programme: <https://tinyurl.com/3tjsceun>

KPMG Audit Apprenticeship Programme for more info & apply <https://tinyurl.com/52nvjwcj> close when candidates found

LTSB and partner NatWest are looking for young people 16 – 24 years passionate about Financial Customer service to join their Contact Centre programme for Customer Service Apprenticeships. Led by their experienced Careers Development Managers, you will undergo a tailored 3 week programme that will help your professional development and prepare you for your interview with NatWest for a Customer Service Apprenticeship in their Contact Centres for more info & apply <https://tinyurl.com/zbfd8zx3>

HSBC UK Work Experience Programme 2023 Students will gain real life hands on experience of the world of work, develop a deeper understanding of the finance industry and receive some recruitment tips to help them in the future! HSBC UK Work Experience Programme 2023 dates: **Week A:** 10th-15th July 2023 **Week B:** 7th-11th August 2023 The programme is hybrid (2 days placement in person and 3 days of virtual employability and skills workshops). Application process: Submit an online application form, Complete a values based online assessment, Participate in a strengths-based interview with one of our HSBC Recruitment team more details and apply <https://tinyurl.com/msx3w375>

Nikkis Fleurs Trainee Florist, who can demonstrate a passion to train in Floristry would suit a school leaver as permanent full time position, you will work alongside a team of Florists on a daily basis. Looking for a trainee who is willing to commit to the business and learn new skills. be willing to work flexible hours including weekends with every second weekend off, also need good numeracy and literacy skills, will be trained in basic floristry skills including making bouquets, wedding and funeral work.

Full time Monday – Sunday 5 out of 7 days 30 hours a week 09.00 - 18.00 daily Responsibilities:- Prepare and condition flowers, Rotate flower stock are kept in fresh water, Cleaning vases, buckets, Care for display plants, Prepare items/requirements for upcoming weddings and funerals, Designing floral arrangements depending on skill level, Clean work areas/equipment, Maintain tidy shop area and clean displays, Ensuring all sundries/floristry supplies are well stocked. If interested please apply by sending CV to nikkisfleurs@hotmail.co.uk and covering letter telling them about yourself and your skills

Farmhouse Inns Westgate Farm Recruiting for all positions now! Are expanding their team and looking for individuals who can: Work as a team, are ready for a new challenge and are flexible to work mornings, evenings & weekends... Please send your CV to 5697greeneking.co.uk call 0131 202 1821 or pop into the pub and speak to one of our management team.

Edinburgh Trams 40 Ticketing Assistants for more info & apply <https://tinyurl.com/ytte8kuz>

St James Quarter Receptionist / Retail Administrator more info & apply <https://tinyurl.com/mwt7w2w7>
Service Yard Manager more info & apply <https://tinyurl.com/2p8jcuad>

Lane 7 Full & Part time Team Members more info & apply <https://tinyurl.com/hpde3vhf>

BBC Careers Check out the wide range of apprenticeships with BBC - journalism, production, design and engineering or business bit.ly/3X1rlgL

GAP Group Sighthill Apprentice Fitter for more info & apply <https://cutt.ly/B14USQZ>

NatWest Recruitment is also taking place via **Leadership Through Sport and Business** (LTSB), a social mobility charity that prepares and supports young people from disadvantaged backgrounds into meaningful roles with major firms. See here for more info <https://cutt.ly/6LJXpTW> and <https://cutt.ly/xAy7umd>

KwikFit Apprentice Fountainpark <https://cutt.ly/N1mcBz8> for more info & apply Apprentice McDonald Road for more info & apply <https://cutt.ly/61mvi66>

Wolseley Apprentice Operations Assistant more info & apply <https://cutt.ly/61cGfBN> you will work towards a level 2 qualification in retail.

Babcock Rosyth Procurement and Supply Chain Apprentice more info & apply <https://cutt.ly/C1cGAhY>
Design Apprentice (Engineering) more info & apply <https://cutt.ly/j1cGNP3> Skilled Trades Apprentice (Engineering) more info & apply <https://cutt.ly/l1cHygK>

Mitie Apprentice to undertake Building Services Engineering Apprenticeship based on the Scottish Parliament contract info & apply <https://cutt.ly/fXg4rFF>

SKY Livingston Contact Centre Customer Service Advisor more info & apply <https://cutt.ly/AN7WJ5N>
Customer Service Advisor more info & apply <https://cutt.ly/zN7W4UR>

STEM Bursary open for applications, full details of the eligibility criteria, terms and conditions and apply at www.stembursaryscotland.co.uk <https://cutt.ly/WSQQu1R>

M&G Apprenticeships in Business IT & Finance for more info & to apply <https://cutt.ly/oAogv2S>

Greggs Various Retail positions in Edinburgh more info & apply <https://cutt.ly/QAm2INm>

SET Training opportunities with them <https://cutt.ly/uGHTW72>

Rewards Training Apprenticeships – Find out more at <https://cutt.ly/dGHI3T4>

Balfour Beatty Apprentice Civil Engineer UK wide check out <https://cutt.ly/PlqOvnP>

Childcare Apprenticeships various available in Edinburgh & Lothians see <https://cutt.ly/GHBYUwV> for more details

Carousel Training Early Year Apprenticeships interested in childcare and like to progress onto a career in Early Years you can apply to Carousel Training Centre via our website <https://www.carouseltraining.co.uk/>

Apprenticeships in Hospitality Scotland is a ground breaking training course that began as a partnership between hotels across Scotland. Apprentices follow the modern apprenticeship in hospitality services and spend six months in each key department: housekeeping, food and beverage, kitchen and reception. For more details of how to apply please see: <https://www.apprenticeshipinhospitality.scot>

McDonalds Restaurants currently has vacancies at their Edinburgh & Lothians branches <https://people.mcdonalds.co.uk/job-search> (link will take you to the job search page)

Edinburgh Leisure From coaches to leisure attendants, we've got a variety of roles at Edinburgh Leisure just waiting for the right person. Browse our vacancies and find out fal.cn/3jlxI

Edinburgh Airport Looking for a new career? Check out the positions available at Edinburgh Airport! Airfield opportunities, Retail opportunities, Food and beverage opportunities fal.cn/3jluG

The Balmoral a Rocco Forte Hotel Edinburgh has a number of exciting job opportunities for more information and the latest opportunities check here: <https://tinyurl.com/RFH-Careers>

Dalmahoy Hotel and Country Club edge of Edinburgh near Kirknewton: Food and Beverage Attendant (full-time), Restaurant Reservations Agent (full-time), Kitchen Porter (32-40 hours per week), Receptionist (full-time), Guest Room Attendant (24-40 hours per week), Front Office Porter (24-40 hours per week), Bartenders (32-40 hours per week), Conference and Events Attendant, Commis Chef, Pastry Chef, Chef de Partie, To apply online, please <https://cutt.ly/YJ9qGFG>

SSE Graduate Apprentice Opportunities check out what is available here <https://careers.sse.com/graduate-development>

M&S vacancies have a variety of roles available Part Time and Full Time click the link and search for 'Gyle' or 'Fort Kinraid' to apply for vacancies <https://jobs.marksandspencer.com>

Nat West Graduate Apprenticeships & Internships in Edinburgh <https://cutt.ly/DhoDu2p>

Amazon Edinburgh Applications are now open for Amazon's apprenticeship programme for more information visit www.amazonapprenticeships.co.uk

Mazars - Trainee Accountant School Leaver starts for more info and to apply <https://cutt.ly/2E5Iac6>

Ernst Young Apprentice Programme Assurance Apprenticeship Programme Edinburgh <https://go.ey.com/35eJnKj> Tax Apprenticeship Programme Edinburgh - <https://go.ey.com/2ZibmVh>

PwC Edinburgh School and College Leavers careers in business, tech and finance apply now www.pwc.co.uk/careers/school-jobs.html#/

Through **PwC's Black Talent in Business** programme you'll complete a 3 day programme, which could lead to an offer of an internship or 11 month placement. Apply today <https://t.co/2TBIQxUq2C>

Charlie Miller Salons - have a number of exciting opportunities for Trainees & Stylists of all levels to join their teams you can look forward to a successful and fulfilling career. Celebrating over 55 years in business with a strong heritage and a large clientele base. With 6 well-established salons throughout the city, including a brand new hair & beauty salon in Stockbridge. Are you a talented hair stylist looking for a fresh opportunity? Or maybe you are looking to begin your career and take the first exciting steps in hairdressing? Head to our website for the full job descriptions, and for details on how to apply: <https://bit.ly/3xgZ6Ef>

Paterson SA Hairdressing - Assistant / Trainee Hairdresser Full time, all branches, aged between 16-17 with enthusiasm for learning and taking pride in their place of work. Our academy team will share their knowledge and experience to guide you on your journey to becoming an amazing hairdresser. If you are interested please email your CV to kris@psahair.com layla.patersonsa@icloud.com

Philip Politi hiring Apprentice to Senior Stylists for enthusiastic people to join their busy, friendly salon and they'd love to speak to you please call Freda for more info and to arrange an interview 07866 549225

Vincent Bell Hairdressing – Apprentice Hairdressers keen to start in hairdressing to send your CV by email to VB_Salon@outlook.com

Cheyne - Hairdressing Apprenticeships with Cheynes more info and apply <https://bit.ly/2tAhqw7>

RAF Apprenticeships - <https://recruitment.raf.mod.uk/>

Army - <https://apply.army.mod.uk/>

Royal Navy - <https://www.royalnavy.mod.uk/>

Edinburgh Guarantee – Jobs Board for all ages including young people, apprenticeships and training opportunities for all <https://cutt.ly/wARpnKL>

Joined Up for Jobs Opportunities and Events in Edinburgh www.joinedupforjobs.org

Digit have launched a jobs portal specifically for tech jobs in Scotland: <https://www.digit.fyi/jobs/>

Helix.scot connects people & employers in Edinburgh & South East Scotland Region to information, events, training courses, jobs boards and supported services <https://helix.scot/>

Developing Young Workforce Edinburgh Midlothian & East Lothian DYW plays a key part in the delivery of the Young Person's Guarantee. They are employer led and it's their priority to make it easier for employers to connect with young people in schools & colleges in a team effort to support them to prepare for the world of work. Through DYW, employers can provide inspirational opportunities for young people to help them understand and develop skills they need to succeed. In the Edinburgh & Lothian area there are DYW advisers linked to every school <https://www.dyw.scot/>

Scottish Career Week young people, parents and carers have a full week of opportunities to learn from the experts about the future of jobs, growth industries and what skills will be needed in the workplace of the future check out <https://t.co/H6r6w5rNWw> **13 - 17 November 2023**

BBC Scotland Graduate & Modern Apprenticeships Glasgow - for further details www.bbc.co.uk/careers/trainee-schemes-and-apprenticeships

Construction Career - The construction industry has many opportunities with many different roles! Check them out here: <https://bit.ly/2QH9aUD> or <https://housebuildingcareers.org.uk>

Go Construct UK Apprenticeship in construction here are a few websites to start your search - Not Going To Uni <https://tinyurl.com/y6aymuk3>, Gov.co.uk, Indeed <https://tinyurl.com/2s3i7wbc>, Total Jobs <https://tinyurl.com/4k5apsde>, Talent View <https://talentview.org/construction>

Advice on Apprenticeships in Plumbing? - Looking for advice on Modern Apprenticeships in Plumbing? Take a look at the **WaterSafe** website for links to information on apprenticeships <https://t.co/1WnYDNjAEi>

Thinking of Engineering as a career? You might find this info helpful <https://cutt.ly/SrPabso>

The Wise Group – Online CSCS Training is for those starting out in their construction career as well as those who need to renew their accreditation to get back to work. Get in touch with them to find out more: 0800 731 9997 <https://t.co/tEQx4YV9u4>

Next Steps Free employment support tailored to your needs 0300 365 0025 admin@communityrenewal.org.uk

Launch your career in IT Support! Generation UK is offering an eight week remote learning programme where you will learn how to diagnose and resolve hardware issues and configure and install networks and operating systems. Restrictions apply - <https://cutt.ly/DJIB82i> for more information.

Edinburgh FUSE is the recruitment hub for vacancies within the **city centre** and **St James Quarter** providing training/qualifications for those seeking work/progression in their careers within the retail & hospitality sectors and more. Check out the opportunities in their link here <https://www.edinburghfuse.com/jobs/> sign up by scrolling to the bottom of the page click on 'Join the Movement' various jobs available.

Edinburgh College Courses open for application browse courses on <https://cutt.ly/IOcLYzi>

Google with Department for Work & Pensions – DWP FREE flexible online IT training

Google has partnered with Department for Work and Pensions - DWP to offer free flexible online IT training for 9,000 jobseekers in the UK, developed by Google UK. Jobseekers will have access to Google IT Certificates which are recognised by industry experts and employers. Apply today: <http://ow.ly/yoCP50GEcWK>

My World of Work Live! Is a set of fun, interactive activities that help young people understand possible future careers. Aimed at pupils in P5 to S6 across Scotland, activities are designed and delivered by experts with a passion for education and learning. Using the latest technology, the activities help young people identify their own skills and learn about the world of work, the key sectors and what jobs Scotland will need <https://cutt.ly/BLZK4qo>

My World of Work - Marketplace helps bring the curriculum to life by connecting schools and colleges with business. Search for opportunities posted by employers or use Founders4Schools(F4S) to find and invite business leaders to an event. By meeting employers at a business, employer's college or school young people learn about the world of work. Opportunities on offer are: Skills Session, Inspiration Events & Career Insights <https://cutt.ly/9LZXF6d> **Marketplace Opportunities** <https://cutt.ly/3LZVnDM>

Green Jobs Workforce Academy

If you are looking for a change in job take a greener approach, get info on opportunities out there, skills in demand and what support is available at www.greenjobs.scot

PACE - Facing redundancy or recently made redundant?

Did you know you can access the help and support you need through Partnership Action for Continuing Employment (**PACE**). Free and confidential Scottish Government initiative dedicated to helping individuals and employers faced with redundancy in these uncertain times. Click on the link for further details <http://bit.ly/2OvkJwK> **CIAG Helpline 0800 917 8000** Monday to Friday 9am to 5pm www.myworldofwork.co.uk/redundancy-help-scotland www.myworldofwork.co.uk/employed

Ukrainian Refugees Websites Not much in Edinburgh but there are a few and they are fairly specialised roles www.jobaidukraine.com/jobs <https://jobsforukraine.net/?country=united+kingdom>

LINKnet - Mentoring and Training for Employment and Education Project aims to support employment and education development of people from all minority ethnic groups in Edinburgh. Completely free and confidential service, you will be matched with an expert mentor who will help you to get a job if you are looking for work, or further education. For more information including contact details please visit the website <http://www.linknetmentoring.com/>

Women Returners Programme

Are you a woman aged 25+ who wants to return to work after a career break? We are delighted to announce that there is new, free support to get the skills and training you need. Visit <https://t.co/Xd3PbBeUKp> for more information **The Challenges Group**

CareerScope – Hospitality, Leisure, Tourism CareerScope have a free service offering advice and resources, plus financial and wellbeing support, to help hospitality people get back into work and develop their careers. Find out more here <https://t.co/VKJxpZkchV>

Girlguiding Edinburgh Volunteering - Are looking to develop your skills, fill some of your time or just interact with more people? Then joining Girlguiding as a volunteer might be the challenge you're looking for. There are many different roles available across Edinburgh that can fit around your schedule. From regular leaders to occasional helpers, there will be something for you. To find out more and to register your interest, please visit <https://bit.ly/3tzFc65>

Aldi – Various ongoing look for the latest job vacancies near to you here <https://t.co/gLuC54t6Aq>

Asda - Various ongoing look for the latest job vacancies near to you here <https://t.co/ig9cn4TYwU>

B&M - Various ongoing look for the latest job vacancies near to you here <https://t.co/UPnq9YabVY>

Lidl - Various ongoing look for the latest job vacancies near to you here <https://t.co/xBmfk6qSJf>

Morrisons - Various ongoing look for the latest job vacancies near you <https://t.co/sEl5vuw71d>

Tesco - Various ongoing look for the latest job vacancies near to you <https://t.co/nONy8neMu6>

Edinburgh Shopping Centre / Retail Parks Vacancies

Cameron Toll vacancies: www.camerontoll.co.uk/shops/jobs

Craighleith Shopping – check Indeed

Fort Kinnaird Retail Park: www.fortkinnaird.com/vacancies

Gyle Shopping Centre vacancies; www.gyleshopping.com/recruitment <http://bit.ly/2UfE20i>

Hermiston Gait <http://hermistongait.co.uk/>

Meadowbank Retail Park – check Indeed

Ocean Terminal / Porto vacancies: www.oceanterminal.com/about/vacancies-95

Straiton Retail Park – check -Indeed

Waverley Market Princes Street – <https://waverleymarketedin.com/vacancies/>

St James Quarter – www.edinburghfuse.com (Retail & Hospitality city wide) Check out opportunities in their link here <https://www.edinburghfuse.com/jobs/> sign up by scrolling to the bottom of the page click on 'Join the Movement'

Edinburgh Airport

Want your career to 'take off'? Why not 'check in' **Edinburgh Airport** 'Arrivals' and you could land your 'Departure' to a new career with their new website for careers / vacancies with them and their partners <https://careers.edinburghairport.com/>?

Edinburgh International Film Festival – Jobs & Volunteering

Edinburgh International Film Festival recruiting for various jobs and volunteering opportunities. Under 18's will be considered for youth events volunteering. <https://bit.ly/2DOHm9x>

Seasonal Work – Edinburgh Festivals

Due to restrictions some of these events might be postponed, all information on websites - Want to work as part of one of Edinburgh's many Festival's? Have a look at the many **jobs, internships & volunteer** positions available

www.edfilmfest.org.uk/about-us/jobs

www.edinburghfestivalcity.com/about/jobs

www.edfringe.com/learn/work-with-us

www.assemblyfestival.com/who-we-are/work-with-us

www.edbookfest.co.uk/about-us/jobs

www.edinburghjazzfestival.com/about-the-f.../get-involved.html

www.edinburghfestivalcity.com/about/volunteers

[Edinburgh International Film Festival](#) [Edinburgh Festival Fringe](#) [Edinburgh International Festival](#) [Edinburgh Festivals](#) [Edinburgh International Book Festival](#) [Edinburgh Jazz & Blues Festival](#) [Edinburgh Art Festival](#)

Find out what jobs are available as part of Edinburgh's Christmas 2022 at www.edinburghschristmas.com/about/jobs 20 Nov 2023 - 2 January 2024 www.underbelly.co.uk/jobs

DWP Job Help is full of advice and tips from Work Coaches to help you land your next role. They will help you find it discover, opportunities, training and advice on finding your next role <https://t.co/6nZpU6QhzR>

DWP Summer Job Portal with an initial 20,000 vacancies the portal features summer, seasonal and temporary roles for jobseekers of all ages throughout the UK, offering an accessible, one-stop-shop to look for work <https://t.co/tAgSLwThEm>

Scottish Apprenticeships

You can call us at SDS Edinburgh on 0131 718 2040 if you need help applying at your local

Skills Development Scotland careers centre

www.apprenticeships.scot www.myworldofwork.co.uk

Many more Modern Apprenticeship opportunities available

via Apprenticeships.scot <http://ow.ly/l3FU30j1TuP>

You can advertise apprenticeships for free and find out about the many different apprenticeships on offer even while you are at school. Check closing dates and apply asap as quite often positions close when they have enough applicants

SDS East & Midlothian have handy information in **EDUBUZZ** for all vacancies and opportunities in their area and some in Edinburgh www.edubuzz.org/midandeastvacancies/author/fodonnell/

SDS West Lothian have handy information in their **Snippets** for all vacancies and opportunities in their area with some in Edinburgh, contact them for more info

Creative Careers Programme Website

A website to help young people discover the range of jobs available [Discover Creative.Careers](#) designed to help students their parents and teachers find out more about careers in industries including advertising, architecture, fashion, film and television, museums and galleries, performing arts and publishing - and the routes to them. The Creative Careers Programme aims to show that such careers are financially sustainable and have a comparatively low risk of automation. There are currently more than 77,000 vacant positions. However, 90% of positions are currently filled by people from more advantaged socio-economic groups. The initiative is part of the Creative Careers Programme being delivered by ScreenSkills, Creative & Cultural Skills and the Creative Industries Federation supported by the Department for Digital, Culture, Media and Sports as part of the Government's industrial strategy. <https://discovercreative.careers/#/>

Foundation Apprenticeships - What did you do at School today? Foundation Apprenticeship S5 and S6 pupils can get real world experience while they're still at school. Unlock your potential. Apply for a Foundation Apprenticeship. Starting from S5 or S6 Foundation Apprenticeships allow you to gain a qualification and learn first-hand in a workplace. Learn more here: <https://fal.cn/3dYz4>

Young Person Job Start Payment Did you know that young people in Scotland who are on certain benefits the day they were offered the job and need help with the costs of starting a new job could be entitled to a one off payment of £267.65 or £428.25 if you are the parent or main carer of a child? Find out more mygov.scot/job-start-payment/

Young Person's Guarantee YPGuarantee is making it easier to find opportunities and support to help young people make decisions about their future. Young people can visit the #YPGuarantee website for info and advice on their next steps <https://t.co/bkj4EPqtGb>

Grant to Offer Financial Support for Young Carers Scottish Government launched a grant to offer financial support for young carers in Scotland. <https://t.co/7sGk1QQquO> The Young Carer Grant is available for 16-18 year olds who spend an average of 16 hours caring for someone who receives a disability benefit.

Care Experience Bursary Anyone of any age who has been looked after for even a day can apply for Care Experience Bursary. It is £8100 per year and applies to most full-time college and university courses. More information at <https://cutt.ly/uEZrvi1> and <https://cutt.ly/OEZrIGv>

How to Access Your Young Carers Package From cinema tickets to first aid training, young carers can now access a special range of opportunities - totally for free! If you're 11-18 and helping to care for a family member, friend or someone in your community, all you need is a Young Scot card to sign-up..." <https://cutt.ly/uEZrRn0>

Citizens Advice Scotland – Young People Employment is the second biggest issue Citizens Advice Bureau across Scotland give advice on to young people, particularly in relation to pay and entitlements as well as terms and conditions, with CAS data on clients under 25 showing that that around 1 in 5 are seeking advice on employment issue. More info can be found at www.citizensadvice.org.uk/scotland/dotherightsthing/

NHS Lothian Youth Navigator

Youth Navigator service launches in Lothian to support young people with some of the life challenges they face that can bring them into contact with health services. Read more here <http://ow.ly/nJ6850DQU53>

SDS Edinburgh

Please feel free to share our information

Skills Development Scotland Edinburgh careers centre **0131 718 2040**

www.myworldofwork.co.uk

www.apprenticeships.scot

Twitter, Instagram & YouTube /myworldofwork

National Minimum Wage from 1 April 2022

There are new rates for the national minimum wage check them out here <https://www.gov.uk/national-minimum-wage-rates> also check pay here https://checkyourpay.campaign.gov.uk/#are_you_under_25
Do you know what your rights are in work? From minimum wages to working time regulations, read all about it here <http://bit.ly/2ou8LIP> www.myworldofwork.co.uk www.apprenticeships.scot

Interview Clothing Help

Did you know that high street chain **Timpson Ltd** offer **FREE dry cleaning** of garments for **interview** if you are **unemployed** and **seeking work**? You don't need a voucher for this, just ask at the counter to get the deal. **Timpson** confirmed you can get any number of clothing items dry cleaned for free as long as it's for an interview. There isn't currently an end date to this offer, it continues to run as long as people didn't 'take it to the cleaners', so please only claim the free dry cleaning if you genuinely do need it. The offer is running in every store that has dry cleaning facilities – about 300 stores across the UK. <https://cutt.ly/SRPXurQ>

Dress for Success

If you don't have an outfit for an interview and need help with this **Grassroots Clothing** (for men) <https://cutt.ly/bRPCu00> and **Smart Works Edinburgh** (for women) <https://cutt.ly/YRPCdj9> can help you out with an outfit, styling tips and some moral support, contact them to arrange a suitable time. Contact us too at your local **Skills Development Scotland** for careers information advice and guidance. Ask us about our free workshops too. www.myworldofwork.co.uk www.apprenticeships.scot

Interview Travel Got an interview and not sure how or where it is? Plan your journey with **Traveline Scotland Journey Planner** just enter your address postcode of where you need to be and by when etc <https://cutt.ly/RLKusFe>

Jobseeker Travel Jobseekers urged to apply for FREE travel card giving up to 50% off train & bus fares - You aren't, however, guaranteed to get the railcard just because you're on jobseeker's allowance or job

hunting and claiming Universal Credit – Jobcentres issue them on a case-by-case basis
<https://mse.me/3ciusRp>

SDS Webinars Did you know here at Skills Development Scotland we offer webinars to support you with Job Search, Redundancy Advice, Interview Techniques and much more! Have a look and choose from a wide range of offers <https://cutt.ly/O1mWumM>

Skills Development Scotland Career Jam Webinars

Recently left school? Skills Development Scotland's **Career Jam webinars** support you as you take your next steps after school.

Careers advisers discuss topics including college and university applications, online or phone interviews and labour market information. The sessions are recorded so you can watch them whenever you want www.myworldofwork.co.uk/school-leaver-webinars keep in mind you won't be able to ask questions as they aren't live.

Episodes available are:

Episode 1 – How your careers adviser can help you

Episode 2 – Interview helps and tips

Episode 3 – Applying for college

Episode 4 – University

Episode 5 – Employment and the labour market

If you need more advice or support, you can call **SDS Edinburgh on 0131 718 2040** available Monday to Friday, 9am-5pm.

Developing Young Workforce – Edinburgh, East & Midlothian

DYW (Developing Young Workforce) broadcast a series of webinars for young people <https://www.dyw.scot/up2u.html> The DYWUp2U episodes included conversations and Q&As with employers, young people and specialists.

Episode 1 - Jobs and apprenticeships - Hear what it's like to be in a job or apprenticeship, find out what sectors are recruiting and where you can go to find opportunities in your area.

Episode 2 - College - Hear from young people about their college experience, how you can find courses that interest you and what pathways are available to and from college.

Episode 3 - University - Find out about the university experience from current students and graduates, hear why employers recruit graduates and what's involved in the university application process.

Episode 4 - Training and Volunteering - Find out about the benefits of volunteering and training and how this pathway can support your steps into employment or further education.

Episode 5 - One Small Step - A motivation

If you need more advice or support, you can call **SDS Edinburgh on 0131 718 2040** available Monday to Friday, 9am-5pm.

Wanting help with your job search or career advice?
You can call us on 0131 718 2040, or drop in to SDS Edinburgh
Monday to Friday 9 am – 5pm for help if you are 16 – 19 years old,
thinking of leaving school, left school or unemployed

Left school or unemployed, age 16 - 19 and looking for work, training or an apprenticeship?

Talk to us at your local **Skills Development Scotland Careers Centre**

79 Shandwick Place Monday to Friday 9 am - 5 pm

Get help to: make a CV, look for jobs, including seasonal jobs, find training / college opportunities and you can speak with an adviser about careers advice

No appointment needed drop in or telephone: **0131 718 2040** for more info



Find more free careers advice information and guidance for all

If you have left school or unemployed looking for work, wanting to develop your skills or needing any other career information advice or guidance check out these useful links below:

✓ Jobcentre Plus' website, packed with tips and guidance on becoming a #workhero
<http://ow.ly/ZcsF50zs6TR>

- ✓ My World of Work Job Hub with vacancies across Scotland www.myworldofwork.co.uk/jobhub
- ✓ Edinburgh and surrounding area vacancies C19jobs.org
- ✓ My World of Work has an up to date guide to free online courses you can take <https://t.co/GXc9SKhGfr>
- ✓ Free courses in Scotland <https://cutt.ly/MR1hSNZ>

You can also contact your local SDS Edinburgh adviser

📞 Edinburgh Centre 0131 718 2040

📞 SDS CIAG Helpline 0800 917 8000

www.myworldofwork.co.uk

www.apprenticeships.scot

Facebook www.facebook.com/myworldofwork/ www.facebook.com/apprenticeships.scot/

Twitter Instagram & YouTube /myworldofwork /apprenticeship.scot /digitalworld



Social Media Savvy

Check out our helpful information below to help you create the right impression. First impressions aren't always made face to face, especially today when there are plenty of photos of you online.....

Social media plays an important role in recruitment, so it's important that your accounts reflect what you want future and current employers to see. <http://bit.ly/2UsarOG>

Job Hunting <https://cutt.ly/zmoUVwL>

Social media is a great tool for job hunting and Twitter is leading the way! Why not read our tips on the best way to use twitter to find your dream job <https://t.co/Z7MzAUvIGm>

Computer Training in Edinburgh

Need computer training in Edinburgh? Check out this guide up to date <https://cutt.ly/Nn94qG5> from **Mental Health Information Station**

Connecting Scotland

The **Connecting Scotland** programme offers internet connection, device, training and support to digitally excluded, low income households people seeking employment <https://buff.ly/35mf3fz> to check details

Next Steps

Free employment support tailored to your needs

Free employment support and advice for people in-work or looking for work

Next Step Edinburgh is a free service for those who are in-work looking for a better job.

They also support anyone who has been unemployed for 18 months or less* and is ready to work

Next Step Edinburgh can offer the following:

- Access funding for training so you can get the job you want instead of the job you have
- Search and filter the jobs available and send you the ones that are right for you.
- Direct links to employers who are recruiting right now
- Specialist support for EU residents living in Edinburgh. We can find the jobs that match your experience and qualifications or get you the training you may need so you can get your dream job.
- Advice and support with an employment dispute
- Help with writing your CV, application form or interview preparation

Support is free, flexible and tailored to your needs. Plus, they promise to stick with you for as long as it takes, so get in touch: **By phone 0300 365 0025 By email at admin@communityrenewal.org.uk**

Individual Training Accounts

Get up to £200 towards the cost of a training course with an SDS Individual Training Account (ITA). Use the money to build the skills you need for a job, or get training to take your career to the next level. Whatever you want to do, there's a wide range of ITA approved courses on offer. Because it's not a loan, you don't have to pay it back. **Applying for your ITA**, Skills Development Scotland will accept up to 28,000 applications for an Individual Training Account. Start searching for an ITA approved course and apply online: <https://bit.ly/2ZBLKSW> (restrictions apply).



Digital World www.digitalworld.net

Learn My Way has free courses for you to learn digital skills to stay safe and connected <https://t.co/Z0gQabhrH7>

Digital Skills Pipeline Applications are now open for the Digital Skills Pipeline which offers fully funded training in digital technologies through The Scottish Government and managed by Skills Development Scotland find out more: <https://fal.cn/3ktlN>

Digital Start Fund – Digital World Digital skills can help people land a well paid career with long term security but training can be costly. That's why the **Digital Start Fund** has been created to help those on lower incomes gain skills in the digital sector. Find out more <https://t.co/xtjXBVXCXN> <https://bit.ly/2Mg70ds>

Digital Technology Industry Learn more about the ever expanding digital technology industry in Scotland and how it might be a smart career move for you <https://t.co/rSupEnZ02F>

Information in Difficult Times

Warm Space are local libraries etc that are taking part with the cost of energy prices as warm places to go, to find your nearest warm space this Winter check out warmwelcome.uk

Citizen Advice Scotland launched their Advice Adds Up, campaign encouraging you to seek advice from your local CAB, their online advice site or Money Map tool if you are worried about money right now. Find out how they can help you www.cas.org.uk/our-advice-adds-up

Child Disability Payment will open for applications across Scotland from 22 November 2021. You do not need to apply if your child already gets Disability Living Allowance for children. From mid October children aged 16 or over who get Disability Living Allowance for children will have their award transferred to us in phases. Clients aged up to 15-years-old will have their award transferred from spring 2022. Payments will continue to be made at the same rates and on the same payment cycle. For more info, visit: mygov.scot/child-disability-payment

Check out **Young Scot's** brilliant **digital package** available to **young carers** aged 11-18 years old in Scotland. <https://t.co/U5VZQMkxRF>

Job Start Payment is a new benefit to help 16 to 24-year-olds who have been on certain benefits for at least six months with the costs of starting a new job. You can apply for a one-off payment of £267/65, or £428.25 if you have children. Find out more at <https://fal.cn/3hqqH>

Edinburgh School Uniform Bank <https://edinburghuniform.org/> helping children in hardship hold their heads high – you can donate, volunteer or be helped

Scottish Child Payment It's £40 every 4 weeks for children under 6 if their family gets tax credits or certain benefits. The payment will be available to children under 16 by the end of 2022. Ahead of this bridging payments have been introduced worth the same as Scottish Child Payment, paid in 2021 and 2022 to provide immediate support to around 145,000 children. Find out more and apply for Scottish Child Payment, visit mygov.scot/scottishchildpayment

Best Start Grant School Age Payment is £252.50 to help balance costs around the time your child is starting Primary 1. You can still apply even if your child has deferred entry. It's up to you how you use the money. You can spend it on anything from school bags and books to after school clubs and days out. This payment is separate to school clothing grant, which you can apply for through your local council. Find out more and apply for Best Start Grant School Age Payment: mygov.scot/beststart

Have you recently found out you are pregnant? If you get tax credits or certain benefits, you could be eligible for **Best Start Pregnancy and Baby Payment** It's £606 for your first child, or £303 for any child that comes after your first. You can apply from 24 weeks pregnant up to the day your baby is 6 months old. Find out more: mygov.scot/beststart

Funeral Support Payment is available to people in Scotland who get certain tax credits or benefits and need help to meet the costs of a funeral. If someone has died and you are struggling to pay for a funeral, we know it might feel difficult to go through the process of applying for help when you are also dealing with grief. You can claim up to 6 months after the date of the funeral, and you speak to a specially trained advisor to get help with your application by calling 0800 182 2222. Find out more or visit mygov.scot/funeral-support-payment

If your **circumstances change**, you must update us as soon as possible. This could be your address, phone number, or if you are no longer receiving tax credits or benefits. If you are no longer eligible and you do not let us know in time, you may have to pay money back. You can update changes to your circumstances by calling us on 0800 182 222, or online: <https://www.mygov.scot/if-your-circumstances-change/>

Check out some of the local organisations here to help you in your neighbourhood Citizens Advice Bureau, Goodtrees Neighbourhood Group, CHAI Community Help and Advice Initiative Edinburgh, Child Poverty Action Group (UK), Inch House Community Centre, Muirhouse Community Centre, West Pilton Neighbourhood Centre, Drylaw Neighbourhood Centre, Valley Park Community Centre, The Ripple, Oxfangs Neighbourhood Centre, Wester Hailes Youth Agency, Space & Broomhouse Hub, Community One Stop Shop, The Health Agency www.povertyalliance.org/ this is just a small sample

City of Edinburgh Council Family & Household Support Services are a single point of contact, working across Council, health and other services; to help people access the right support at the right time. They can provide support with: housing, parenting, debt and benefits, school attendance, neighbour disputes, family relationships, health and wellbeing, accessing work and learning get more details at www.edinburgh.gov.uk/private-housing/family-household-support-service/1

Best Start Foods & Best Start Grant are payments that help towards the costs of being pregnant or looking after a child. Best Start Grant is made up of 3 one-off payments: Pregnancy and Baby Payment, Early Learning Payment, School Age Payment. Best Start Foods is a prepaid card that can be used in shops or online to buy healthy foods like milk or fruit. The payments you can get now will depend on: how far along in your pregnancy you are, how old your child is. Best Start Grant and Best Start Foods are 2 separate payments. You apply for both Best Start Grant and Best Start Foods using the same form. This is to make sure you can get all the payments you can without having to fill in more than one form. You'll get separate letters to let you know whether you'll get each payment. If you can get one payment now and another in the future, you'll need to fill in a new form each time you apply. More info here www.mygov.scot/best-start-grant-best-start-foods

Young Scot help, advice and discounts for all those under 26 <https://young.scot/discounts-and-rewards/discounts>

Money Saving Expert - Free financial education textbook available to download. Great for teens (and it is mapped to the National Curriculum), but many adults have had their eyes opened by it too, Scotland <https://mse.me/3vVzhYq>

Do you need help with guides to benefits and budgeting from **The Money Helper** check out <https://www.moneyhelper.org.uk/en/money-troubles/coronavirus?source=mas#>

Community Food Pantries / Shops with lots of people feeling the effects of the rise in living costs more people are using local food pantries/community shops that are springing up all over the place. These are not the same as food banks – they sell a wide variety of products including fresh and frozen at hugely discounted prices (some given away for free).

These are usually in community centres, primary schools or Community Hubs, Clovenstone Community Centre are about to open. Social media is the most up to date source of week to week dates/times, check to see if there is one near you. Handy if you need to stretch your budget a bit further, also for people who are working on lower incomes. www.yourlocalpantry.co.uk/pantry-listings/ is one organisation with some based around Edinburgh. (see more info at end)

Did you know you can get help with packed lunches in the city? Check out

Packed Lunch Drylaw Neighbourhood Centre - Packed Lunch Requests Edinburgh Open Hours: Mon – Fri: 10am – 2pm E: roy@drylawnc.org.uk Summary: Packed Lunch requests - Service available for those living in Drylaw / Telford

Packed Lunch Drylaw Rainbow Club Centre - Packed Lunch Requests Edinburgh T: 0131 343 6643 Open Hours: Mon – Fri: 10am – 2pm E: rainbowdaycare@btconnect.com Summary: Packed Lunch requests - Service available for those living in Drylaw / Telford

Packed Lunch Granton Community Gardeners - Packed Lunch Requests Edinburgh E: Tom@grantoncommunitygardeners.org W: <https://forms.gle/JVUXaRCtXH4zhAmw6> Summary: Food/Meals

delivered, see web site for details. Packed Lunch requests. Service available for those living in Granton / Royston

Packed Lunch Muirhouse Low Income Families Together (LIFT) - Packed Lunch Requests Edinburgh T: 0131 467 3578 E: Danielle.lift@outlook.com Summary: Packed Lunch requests - Service available for those living in Muirhouse / Salvesen Food: Packed Lunch Spartans Football Club - Packed Lunch Requests Edinburgh T: 0131 552 7854 Open Hours: Mon - Fri: 10am – 3pm E: info@spartanscfa.com Summary: Packed Lunch requests - Service available for those living in Granton / Royston

Packed Lunch West Pilton/Graton Mill - Packed Lunch Requests Edinburgh T: 07845 015 976 Open Hours: Mon – Fri: 9am – 12pm E: lynn.mccabe@ea.edinburgh.sch.uk Summary: Packed Lunch requests - Service available for those living in West Pilton / Graton Mill

Mental Health Information Station first stop for mental health information & resources, **Are you affected with mental health issues? Or do you care or someone who is?** The Mental Health Information Station is open for **walk in visits** at the **Walpole Hall every Thursday 10.30am to 3.00pm**. Visitors with mental health issues can drop in without an appointment and receive support and guidance on the day from mental health professionals. They continue to operate a phone line on Thursdays from 9.30am - 3.30 pm on 0131 537 8688, if staff are busy, you can arrange a call back or you can email MentalHealthInformation@nhslothian.scot.nhs.uk at any time with specific queries and a request for a call back. **You will also find useful information booklets and guidance on these pages, our Facebook pages and Instagram account.** <https://cutt.ly/UJfdnCp>

The Mix is a UK based charity that provides free, confidential support for young people under 25 via online, social and mobile <https://www.themix.org.uk/get-support>

JAAQ free to use for anyone to ask leading mental health professionals questions, changing the world one question at a time www.jaaq.co.uk

Looking after your mental health is important, remember to take time out for you, why not visit a website that's been built with your wellbeing in mind from **NHS**: <https://t.co/TzMGN4Mxzq>

Black Scottish Adventures <https://cutt.ly/qJoKWYC> walking/mountain bagging group formed to help BAME people in Scotland meet up, network, talk about mental health and to decrease that overwhelming sense of isolation that can be felt. Challenges such as racism, stigma and inequalities can affect the mental health of people from BAME communities this group is a great way to start talking. BAME people affected by mental health <https://cutt.ly/IJoKqJl>

Turn 2 Us gives you help and advice which includes benefits calculator, grant search and other financial information <https://www.turn2us.org.uk/>

The Poverty Alliance Scotland's network of Organisations and individuals working together to end poverty <https://www.povertyalliance.org/>

Help with Broadband for people claiming benefit – check with your provider for your 'Social Tariff'

BT Broadband A new, low cost home broadband and phone package from BT Home Essentials. For people who claim one or more of these benefits; Universal Credit, PC, JSA, ESA or Income Support. <https://www.bt.com/exp/broadband/home-essentials>

Talk Talk free broadband for 6 months for job seekers via DWP. Check link for further details <https://cutt.ly/dERQvUv> also check cheaper broadband for struggling families <https://cutt.ly/uXOY2Mc> check new **Social tariffs** link at <https://cutt.ly/9XOU3Bw>

Struggling to make ends meet? Counting every penny? **Children 1st Parentline** can support your family with urgent money worries. <https://cutt.ly/uEZfsyV>

Would you like help and information about / from **Trussell Trust** with information to the **Foodbanks** in Edinburgh <https://edinburghfoodproject.org/locations/> <https://www.trusselltrust.org/get-help/find-a-foodbank/> You can check further help and advice here (some details might be out of date) **Connect Here Directory of City Wide Resources – Edinburgh Health & Social Care Partnership** <https://cutt.ly/dEZhKF9>

Young Person's Free Bus Travel Scheme for Under 22 Across Scotland

If you're under 22 and resident in Scotland for more than 6 months of the year, you're entitled to free travel! Find out how to apply ow.ly/CEeP50KjQnz

Aged 16-21? You can add free travel to your existing Young Scot card ow.ly/qLYy50KjQnx




15 November 2022

Helping You With Your Career Journey

Did you know we can help everyone including adults with their career decisions. Check out our TV ad which shows how our careers advisers help people of all ages <https://youtu.be/0MpyOsSaHm8> why not phone your local **Skills Development Scotland** Careers centre for a chat **79 Shandwick Place**

Edinburgh EH2 4SD to make an appointment **0131 718 2040** we look forward to helping you

www.skillsdevelopmentscotland.co.uk/careers To find your nearest centre

here  <https://bit.ly/2TR8XM7> or change the 'Local authority' search bar



Information in Difficult Times

Community Food Pantries / Shops with lots of people feeling the effects of the rise in living costs more people are using local food pantries/community shops that are springing up all over the place. These are not the same as food banks – they sell a wide variety of products including fresh and frozen at hugely discounted prices (some given away for free).

These are usually in community centres, primary schools or Community Hubs, Clovenstone Community Centre are about to open. Social media is the most up to date source of week to week dates/times, check to see if there is one near you. Handy if you need to stretch your budget a bit further, also for people who are working on lower incomes. www.yourlocalpantry.co.uk/pantry-listings/ is one organisation with some based around Edinburgh.

EH3	Pantry food sharing hub, pay as you feel Shrub Coop Shrub Coop Zero Waste Hub	22 Bread Street EH3 9AF	0131 281 0583 hello@shrubcoop.org shrubcoop.org/workinggroups/food-sharinghub/	Tue to Sat, 11:00-18:00
EH4	Food pantry (community food club) Fresh Start	28- 30 Ferry Road Drive EH4 4BR	0131 476 7741 admin@freshstartweb.org.uk https://www.freshstartweb.org.uk/fresh-startpantry	Mon, Tue, from 09:30- 12:30 Fri 9-12.30
EH4	Pantry open to local residents who are members; weekly membership £3.50 Community Renewal Pennywell Pantry	31-33 Pennywell Road EH4 4PJ	0131 332 8773 pennywellpantry@communityrenewal.org.uk https://www.yourlocalpantry.co.uk/find-apantry/pennywellpantry/	Wed-Fri 10:00-14:00, Sat 10:00- 13:00
EH5	Pantry, open to local residents who are pantry members PCHP Pantry Pilton Community Health Project	73 Boswall Parkway EH5 2PW	07593 376 034 joejones@pchp.org.uk https://www.yourlocalpantry.co.uk/find-apantry/pchppantry/	Thu 10am - 3:30pm

	Pilton Community Health Project			
EH5	pantry, £1 joining fee, then £1/10 items Cyrenians Pantry Granton Hub	Maldevick House, Granton Park Avenue EH5 1HS	0131 554 3900 michelledennis@cyr enians.scot cyrenians. scot/even ts/communityevents/5- grantonhubpantry	every 2nd Wed; 11:00- 12:30
EH7	pantry, £1 joining fee, then £2/10 items Cyrenians Pantry Ripple Project, Lochend	198 Restalrig Road South EH7 6DZ	0131 554 3900 michelledennis@cyr enians.scot cyrenians. scot/even ts/communityevents/5- grantonhubpantry	every 2nd Wednesday , 10:00- 11:30
EH8	pantry, £1 joining fee, then £2/10 items Cyrenians Pantry Braidwood Centre, Dumbiedykes Braidwood Centre	69 Dumbiedykes Road, EH8 9UT	0131 554 3900 michelledennis@cyr enians.scot cyrenians. scot/even ts/communityevents/5- grantonhubpantry	every Friday, 10:00-11:00
EH11	Broomhouse Pantry for £3.50 weekly members choose £15-20 of food	3 Broomhouse Market Edinburgh EH11 3UU	0131 443 6223 broomhousepantry@gmail.com	Tues-Thurs 10-2 Fri 9.30-11.30
EH15	pantry, £1 joining fee, then £2/10 items Cyrenians Pantry Brunstane Nursery	106 Magdalene Drive EH15 3BE	0131 554 3900 michelledennis@cyr enians.scot cyrenians. scot/even ts/communityevents/5- grantonhubpantry	every 2nd Thursday, 09:00- 10:00
EH16	Cyrenians Pantry Venchie Childrens Centre	61 Niddrie Mains Terrace EH16	4NX 0131 554 3900 michelledennis@cyr enians.scot cyrenians. scot/even ts/communityevents/5- grantonhubpantry	every 2nd Thursday, 10:00- 11:30
EH16	Pantry, need £1 membership Community Renewal Places for People,	3 Hay Avenue Places for People, 3 Hay Avenue EH16 4RW	07738 760 601 dave.burrell@communityrenewal.org.uk www.communityrenewal.org.uk	Wednesdays 11-2
EH16	Pantry open to locals, no referral; £4.50 weekly membership for £20 worth of fresh food; waiting list Community Alliance Trust The Greenhouse Pantry	64 Niddrie Mains Road EH16 4BG	07754 713 920 catherine@communityalliancetrust.org.uk http://www.communityalliancetrust.org.uk/greenhousepantry/	Thu 10am - 3pm Fri 09:30- 11:30
EH17	pantry, £1 joining fee, then £2/10 items Cyrenians Pantry Goodtrees Neighbourhood Centre	5 Moredunvale Place EH17 7LB	0131 554 3900 michelledennis@cyr enians.scot cyrenians. scot/even ts/communityevents/5- grantonhubpantry	every Tuesday, 12:45- 14:00

School Careers Advisers Post School Advisers - Here To Help

Whether you are still at school or have recently left, our school and post school advisers are still [#heretohelp](#)

Check the contact details for our School Careers Advisers in case you would like any careers advice or you can also contact us here at SDS Edinburgh call 0131 718 2040 Monday to Friday 9am - 5pm

www.myworldofwork.co.uk www.apprenticeships.scot

School	Careers Adviser	Contact
Boroughmuir High	Cara Davidson	0131 376 2243 cara.davidson@sds.co.uk
Gracemount High	Kay Hannah	07884 114900 kay.hannah@sds.co.uk
James Gillespie's High	Kyle Hamilton	07584 334026 kyle.hamilton@sds.co.uk
Liberton High	Martin Brynes	07884 117198 martin.brynes@sds.co.uk
St Thomas of Aquin's	Claire Alexander	0771 7730345 claire.alexander@sds.co.uk
Balerno High	Amy Campbell	07342 057942 amy.campbell@sds.co.uk
Currie High	Ruth Addo	07799 661839 ruth.addo@sds.co.uk
Firrhill High	Caroline Graham	07887 833200 caroline.graham@sds.co.uk
Tynecastle High	Lyn Sutherland	07884 116028 lyn.sutherland@sds.co.uk
Wester Hailes High School	Jo Holmes	07584 538385 jo.holmes@sds.co.uk
Drummond Comm. High	Helen Irons	07900 276537 helen.irons@sds.co.uk
Castlebrae Comm. High	Megan Welsh	077861 711389 megan.welsh@sds.co.uk
Holy Rood High	Louise Winser	07776 121931 louise.winsler@sds.co.uk
Leith Academy	Maya Stone	07917 599495 maya.stone@sds.co.uk
Portobello High	Stuart Inglis	0131 718 2040 stuart.inglis@sds.co.uk
Broughton High	Karen Warwick	07500 089 160 karen.warwick@sds.co.uk
Craigroyston Comm High	Susan Hogg	07884 115303 susan.hogg@sds.co.uk
Trinity Academy	Lynn Munro	07880 054930 lynn.munro@sds.co.uk
The Royal High	Silvia Antonacci	0734 208 7087 silvia.antonacci@sds.co.uk
Craigmount High	Cat Burns	07909 874259 catriona.burns@sds.co.uk
Forrester High	Kirsty Dickson	07884 226695 kirsty.dickson@sds.co.uk
Queensferry High	Gillian Ross	07884 113068 gillian.ross@sds.co.uk
St Augustine's High	Des Foley	07884 111599 desmond.foley@sds.co.uk