



# ARMADALE ACADEMY

## Higher Psychology How to Pass Guide

*for parents and carers*

### Exam breakdown and links to key SQA documents

- Exam Breakdown: One paper: 2 hours (2021-2022 only)
- 60 marks (30 marks on Sleep and Dreams, 30 marks on Conformity and Obedience – other topics not assessed in 2021-2022)
- Exam Components: 100% exam (2022 only)
- Past Papers: <https://www.sqa.org.uk/sqa/47902.html>
- Understanding Standards: <https://www.understandingstandards.org.uk/Subjects/Psychology/Higher>

### Resources to support your child

#### External

- Simply Psychology website - <https://www.simplypsychology.org/>

#### Internal

- Class Notebook (accessible via Teams) – folders for each topic with all lesson materials are located within the 'Content Library'. Students all have their own folder where they can make copies of materials and edit as they choose.
- Some textbooks available to borrow

### Practical strategies to support your child

- Answering past paper exam questions and self-marking against the marking instructions - these are available from the SQA website
- Try to complete some exam style questions under timed conditions – 2 minutes per mark
- Record yourselves reading out your revision notes and listen to them while walking to school, in the car, on a bus.
- Mind map information on each topic.
- Create 'foldables' with planned answers to 'analyse' and 'evaluate' questions
- Use colour to code revision notes.
- Create flash-cards.
- Highlight areas where you are unsure and make sure these areas remain a key revision focus.
- Make a list of key words for each topic – memorise these words and what they mean.
- Make a list of examples for each topic and memorise these

### How can you support your child?

- Help them to create a revision timetable so that revision isn't left until the last minute.
- Quiz your child on the material in their jotter / handouts after they have revised a particular topic.
- Get your child to teach you about a particular topic. Teaching others is a very effective way to learn information.